

Hello dear friends!

My name is Anatoly Balyaev. My family and I are in a very difficult position. This letter is a call for support from me personally and from my family.

My wife, my son and I left Russia on October 1st, 2022. Now we are in Bishkek, the capital of Kyrgyzstan. We are safe, but our financial situation has deteriorated significantly. Our Spiral Dynamics educational programs are canceled or are currently on the verge of cancellation due to the small number of participants. Our corporate programs have stopped. Traveling here and living costs have been really high for us because of the sharp increase in prices connected with the large number of Russians who have fled here from the war. I am still giving a few private consultations, but this money does not allow us to stay afloat and lead a decent life. However, I do not lose hope and continue to look for opportunities to speak out about what is happening and create the conditions for change.



Today it is reasonable and correct to help Ukraine and Ukrainians, and I'm sure you are doing that. However, I would like to ask you to also support me and my family, because without your help I will not be able to continue the integral work that I consider as very important.

For the last 15 years, I've spent studying and teaching Spiral Dynamics. Unfortunately it did not help to prevent the war - nor all the work of people done in the past or the present connected with Russian culture, did help. To me, the fact that my country has unleashed an aggressive military campaign, means that Russia is seriously ill at the cultural level. Our long-standing collective traumas still do not allow my people to respect and love themselves nor their neighbors, nearby and further away. We still have not learned to value freedom - both our own and others - so highly that we want to protect it from the infringement from those in power.

I try to keep faith and hope for the evolutionary development of the Russian system of values. My tutorials tell people that "all permanence is illusory, only changes are real". This means that it is pointless to try to protect the archaic past – evolution is inevitable. Fighting the evolution of values is pointless. It's like fighting against God, who continues to create this world. This kind of struggle will bring nothing but heavy losses and bitter lessons. It is needed to continue talking about Spiral Dynamics and the integral theory as widely as possible. I ask you to support me in this work.

I am sure that there are people among the Russians who understand how the evolution of human systems works. Furthermore, I would very much like to continue my task of improving the Russian spectrum of values. I consider it is important to initiate this kind of work both among my students and colleagues who left the country and those who have stayed. In my opinion, this is something that is really vital and must be done.

Perhaps I can be of some help to you. I am ready to give seminars and lectures. I think I have some experience and knowledge that may be useful. Kyrgyzstan, where we live now, is far from Russia, but it is under a certain influence of the Russian government. I think that this will eventually require moving to Europe or to some other part of the world. However, it is difficult for me to plan this at the moment, because the funds I have now are not enough to sustain my family even here, in Kyrgyzstan.

It was not easy for me to decide to write this letter. But I remembered how a friend once told me that a mature person is not shy to give help and ask for it. I trust in your wisdom, dear friends. I hope that you sympathize with my strong belief that there must be Russians in the world that continue their work to heal and improve their culture.

I have opened a bank account in Kyrgyzstan in US dollars. Here are the details:

VISA: 4714240065333321

SWIFT: BAKAKG22

Account number: 1242080001497444

Address: Kyrgyzskaya respublika, Issyk-Kul'skaya obl, Issyk-Kul'skij r-n, g.CHolpon-Ata, Ulica CHolpon-Atinskaya, dom 22

Recipient: Balyaev Anatoly

P.S. I would like to give you a present. [This is my story, fairy tale](#), that has been translated into English. It is about how a Russian voice can sound in the civilization of people – soft, gentle, beautiful and very kind. I want to live and strive for that.

CHE-NL: *Hereby we, The Center of Human Emergence The Netherlands, would very much like to endorse Anatoly's plea for support. He has been a great contribution to our recent international Zoom salon meetings (see [link 1](#) and [link 2](#)). You can also read more in [this article](#). He also contributed a lot to the Integral world.*

So please invite him for a paid online workshop, donate some money or support Anatoly and his family in other ways. Leida Schuringa, Hans Ruijs, Auke van Nimwegen and Lars Lutje Schipholt humanemergence.nl/en/

Peter Merry: *"I have got to know Anatoly and his work in Spiral Dynamics through the programs he invited me to teach in. I always experienced a very high level of professionalism and extremely*

engaged and motivated participants. The work he is doing is of critical importance to the Russian-speaking world and I'd encourage you to consider engaging him in some paid work and/or making a donation so he can continue his work and support his family in these challenging times." Dr. Peter Merry, co-founder Ubiquity University, Leadership consultant, author (<https://petermerry.org>)

Kateryna Yasko and Vytautas Buciunas: *"With this, we would like to acknowledge the life work of our dear friend Anatoly Balyayev and endorse his appeal for help. Anatoly has always been an active and responsible citizen of his country and a role model of personal integrity for many. We recall very well each time Anatoly openly and vulnerably spoke his truth after Russia annexed Crimea and the start of the brutal military actions in the Donbas region in the spring of 2014. His political stance and willingness to speak up despite all the possible personal safety risks make him a courageous and honorable man. In 2018 we did some work in Ukraine, and Anatoly happened to be one of the very few colleagues from Russia who started addressing his audience with words of grief, regret, and apology for the deeds of his country with respect to Ukrainian land and its people. This attitude created a strong connection, and Anatoly has always been and continues to be perceived as a friend. Anatoly's activism brings us some hope for the chances of the necessary change in Russian society".* Kateryna Yasko and Vytautas Buciunas, co-founders Uintegral, PA "International Institute for Integral Development", leadership consultants and coaches from Kyiv, Ukraine

Lev Gordon *"I know Anatoly since 2013 through our Living Cities integral initiative as a person of high integrity and wisdom, who throughout good and bad times tells it like it is and is not afraid to stand for what is right. Integral World speaks many languages and Russian is among those - and a lot of work has been and is been done by Anatoly and his teams. I will offer Anatoly some ways to earn his living while in forced immigration and invite you to consider doing the same to the extent that makes sense and corresponds to your situation"* Lev Gordon, co-founder of "Living Cities" and "Living Cities Earth"

Rhys Marc Photis: *"Anatoly and the people around him are the ones needed to change the destructive Russian culture from within. He is a true driver for good and trying to make the world a better place. He has a great deal of knowledge when it comes to Spiral Dynamics. He has a particular focus on the various stages of maturity within each level. Furthermore, he is very creative and enjoys developing learning games and tools around the colourful framework. I have worked with Anatoly on various occasions. I can personally vouch for him 100%."* [Rhys Marc Photis](#), Author of '[The Turquoise Brick Road](#)', and on a mission to promote Graves' work where and whenever.

Jon Freeman: *I would like to join my colleagues here in encouraging all who can to make use of Anatoly's expertise in the understanding of worldview development and his skill in communicating and applying that knowledge. Any who can, I encourage you to support him directly. As a trainer and expert in these methodologies I have witnessed Anatoly's special talents and his contribution to Russia while he was there. I hope that it will not be long before he can resume that important contribution. Meanwhile I hope that those in a wider world can benefit from his availability.* [Jon Freeman](#),