

## SDI EUROCONFAB 2011, ALMERE, NL – NEWSFLASH 3 INVITATION AND KEEPING YOU INFORMED!

This newsflash informs you about:

- The time table of the program of the EuroConfab 2011
- Information on parallel sessions
- Plenary Sessions (synopsis)
- Cases City of Almere
- Uzazu

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9.00

You'll find more information on www.synnervate.nl

Opening

You can register for the Confab on www.schoolofsynnervation.nl/nl/activiteiten/euroconfab-2011/

### Programme EuroConFab 2011

Thursday April	
09.00 - 17.00	Case studies City of Almere: inquiry into Almere Buiten, Haven and Poort
17.30 - 20.00	Diner
14.00 – 22.00	Hotel check- in
Friday April 8 <sup>st</sup>	
09.00 - 11.30	Case study review teams: digestion and conclusions
11.30 - 12.30	Feedback session with case holders Almere
From 12.00	Hotel check-in
From 12.30	Welcome and Information Desk in 'De Fuut'
12.30 - 13.45	Lunch
14.00 - 15.00	Opening & General framing of the ConFab
15.00 - 18.00	Creating a reflective Turquoise research environment
	(break at 16.30 – 17.00)
18.00 - 18.15	From Turquoise to meaningful action in the world
18.30 - 20.00	Dinner & previews of 1 <sup>st</sup> round parallel sessions
20.00 - 22.00	Uzazu: activating the Spiral in your body
22.00 - 23.00	Spiral Café
Till 24.00	Second Possibility of Hotel check-in (if announced)
Saturday April	9 <sup>st</sup>
From 6.30	Breakfast

9.15 - 10.30	New leadership and the Revolution in the Middle East	
10.30 - 11.00	Break	
11.00 - 12.30	Parallel sessions (1 <sup>st</sup> round)	
12.30 – 13.45	Lunch	
13.45 – 14.45	Grounding in the environment	
14.45 – 15.00	Short break	
15.00 - 18.00	The next step in the Development of Almere	
18.30 - 20.00	Dinner & previews of 2 <sup>rd</sup> round parallel sessions	
20.30 - 21.00	Emerging voices	
21.00 - 23.00	Spiral Café	
Sunday April 1	D <sup>th</sup>	
From 6.30	Breakfast and check-out hotel	
9.00 - 9.30	Opening	
9.30 - 11.00	Parallel sessions (2 <sup>rd</sup> round)	
11.00 – 11.30	Break	
11.30 – 12.30	Personal meshworking	

## First round parallel sessions

Lunch

ConFab – closure

12.30 - 13.00

13.00

#### A first glimpse of some of the confirmed contributions Saturday morning 11.00 – 12.30

#### 1. Henk Kieft – Quantum agriculture, on the road to turquoise value-memes?

Farming techniques result from man's fundamental attitude towards nature. A farmed landscape shows how a culture views and relates to nature. So what worldview is expressed in our large scale and uniformed rural landscape? Chomsky: "Real sustainability, a new green revolution, can only grow from another kind of farmer." At this moment we observe a shift from a chemical worldview into a energetic quantum worldview. Mind and matter come together again.

#### 2. Thierry de Wijn – Cocreating Sustainable neighborhoods and local energy corporations

Foundation for Sustainable Neighborhoods is a bottom up initiative to create integral sustainable neigborhoods on the Triple P aspects; people, planet and prosperity. From a first focus on collective investing and purchase in solar energy the foundation is now developing a roadmap approach during a two year research project. End result of this project will be the start up of a local sustainable energy cooperation. Nationwide there are many initiatives where citizens collectively setup these local energy cooperatives and invest in locally produced sustainable energy. This will revolutionarize the energy market from a totally top down service model towards a cooperative model.

#### 3. Eddie Nutall - Everything to Play For! on the role of play in human development

Play is a word that we encounter and use in numerous ways every day of our lives. Yet when we begin to look more closely at what we might think play is, things get grainy and the word throws up more possibilities than it provides us with clear definitions. In this workshop we will begin by exploring the nature of play from a personal perspective, through the recalling of those 'sizzling moments' or 'ordinary epihanies' from our own childhood and asking what was special about them, and why we invested meaning in our experience.

#### 4. Sophy Banks and Naresh Giangrande - Transition – an Integral approach to systems change

Started in 2006, the Transition model and process has been taken up in communities around the world, as a way for people to find community scale solutions to challenges from climate change and resource depletion to economic instability and ecological destruction. Groups in over 350 places have registered as officially using the model, while we estimate that 5 - 10 times that number are experimenting with it in some form. This has happened without any large organisation promoting it – Transition Network is a small group of people (and a dog!) working from a shabby office in South Devon, UK.

#### 5. Marilyn Hamilton - The Abbotsford experience on Values-Based Integral Vital Signs Monitor

This study contributed Knowledge and Development Exchange (KDE) for a Welcoming and Inclusive Communities and Work Places project, named "Food for Thought" located in Abbotsford BC. The objectives of this study were:

- Values mapping to identify: cultural strengths and sources of misunderstandings, conflicts and differing expectations. This contributed directly to effective decision making in the "Food for Thought" Demonstration Project (DP)
- Mapping values of newcomers and immigrants to Abbotsford, identifying postal code locations, languages (and thereby culture and ethnic backgrounds) and age (with a special focus on youth), to help locate the geographic clustering or distribution of newcomers and immigrants. This revealed the interconnections and disconnections of people.
- Creating a framework for a capacity and asset map of Abbotsford that embraces Place Caring and Place Making capacities.
- Developing a framework for a vital signs of wellbeing monitor for Abbotsford based on the values and asset maps, which can contribute to the strategic planning process of the City, the Fraser Health Authority, the School District, UFV, Civil Society and private firms.

## Second round parallel sessions

#### A first glimpse of some of the confirmed contributions Sunday morning 9.30 –11.00:

#### 1. Marita Mutsaerts - Workshop 'The Dao garden and interaction with nature'

The Dao garden in Drouwen is a very special garden:

- In the garden a figure of the human body has been constructed (by Hans van Asseldonk,<sup>†</sup> 2010), based on the 'Inner Landscape' of the Taoistic worldview. The parts of the body are represented by groups of bulb plants like tulips and daffodils.
- The garden shows striking **energy patterns**, caused by the high energetic quality of the body. It also feels very beneficial and healthy.
- Intensive interaction with plants and animals reveals **wisdom in nature**, which relates to man. This knowledge appears in my consciousness, only if I take an including attitude.

#### 2. Ian Choo & Bjorn Kassoe – Making Spiral Dynamics relevant for the new e-generation

This session will be an invitation to reflect on existing methods of disseminating knowledge and engaging global communities about Integral Thought, particularly given the new possibilities enabled by Technology. The aim will be to try to make Integral Thought relevant to a new generation of 'Digital Natives', typically the young (and the 'young at heart') who connect to their world routinely through Web 2.0 technologies. It is an inextricable part of their daily life.

#### 3. Ian McDonald - Engaging Organisations with the Planet and Beyond

Those of you who were at Venwoude last March and took part in the Constellation will remember that I represented Organisations in Peter's quest to connect Organisations with the Higher Realms. That role did not stop with the workshop but continues today. I am increasingly of the view that one route of engagement is through Executive Coaching and Mentoring across all sectors. This is primarily a way of passing on a second tier message into a first tier environment in a way that resonates. I believe Spiritual Intelligence can be the scaffolding to help transition to second tier thinking develop. I would like to discuss this idea with Confab and see if we can identify organisations, across all sectors, where we can try this.

# 4. Margreeth van der Kooij and Leidje Witte - Workshop and possibilities to launch a systemic constellation.

Two years ago, at the end of the Euroconfab, we offered the opportunity to do a systemic constellation on an issue that matters within the realm of the scope of the Euroconfab.

On the last day we had a constellation on the peaceprocess in Israel, which brought us an deep insight in the dynamics between the actors in that process. This year we offer you the same opportunity. When an issue arises, you can ask us for a constellation. We will announce that for the next possible round of workshops, so we will know who's willing to be a representative in the constellation.

## Plenary sessions (synopsis)

Friday afternoon:

- 1. Peter Merry and Anne-Marie Voorhoeve: Turquoise in action
- 2. Gaston Remmers: From Turquoise to meaningful action in the world

Friday evening:

3. Ilse van Haastrecht: Uzazu

Saturday morning:

4. Don Beck, Mark Drewell and Elza Maalouf: New leadership and the Revolution in the Middle East

#### Saturday afternoon

- 5. Henk Kieft and Peter Merry: Grounding in the environment
- 6. Gaston Remmers and Alex van Oost: The next step in the Development of Almere

Saturday evening

7. Titia Bloemhof : Emerging Voices

Sunday Morning

8. Anne-Marie Voorhoeve and Morel Fourman: Personal Meshworking

## **Summary of Almere cases**

#### Almere BUITEN - education:

The secondary highschool for vocational education *BuitenhoutCollege* (VMBO level) has grown over the past 5 years into a well functional, safe and inspiring school for its students. The focus was mainly inward. Now time has come for a new step, outward: how can the school become more relevant for the Almere Buiten district, where it is situated? The Almere Buiten district Administration and the Buitenhoutcollege want to explore in what way they could reinforce each other's development in a more profound and structured way.

#### Almere POORT - health:

The innovative BIGMove project, geared to make people move and healthy, and so reduce the use of the health budget, wants to make the move towards the neighbourhood: in what way could this program be developed so that it affects not only the lives of individuals, but also the vitality of a complete neighbourhood? This is of particular relevance to Almere Poort, a very new district, where health workers see future health problems literally grow while the neighbourhood is being built.

#### **Almere HAVEN - participation:**

The civic movement of De Wierden works since a couple of years to improve environmental and socio-economic quality of its neighbourhood, in collaboration with housing corporations, and the Almere Haven district Administration. All partners recognize that somehow old patterns prevent the collaboration to really blossom. What is happening, how can the process be brought to flourish?

### Uzazu

UZAZU (formerly 16 ways) is the theory and application of a series of breaths, sounds, movements, and intentions that go through various degrees and blends of yin and yang energy, allowing you to embrace and experience specific concepts in a physical, mental, emotional, and energetic language, towards a balancing of these energies. UZAZU is a beautiful way of connecting your mind, body and emotions so you can deeply engage with yourself, others and the world we live in. It gives you the tools you need to unlock the enormous potential of your body-mind connection. UZAZU empowers us to access new levels of both wellbeing and productivity.

UZAZU is grounded in 10 years of original research into the effect of sound on physical behaviour and subjective experience with hundreds of subjects from diverse cultural backgrounds. It connects a broad range of principles both modern and ancient. UZAZU is connected with Spiral Dynamics. The 16 ways are integrating the eight value systems. With UZAZU, abstract theories quickly become concrete realities, and complex thoughts flow into simple actions.

#### With warm regards from the EuroConFab-team 2011:

Gaston Remmers, Jasper Rienstra, Leida Schuringa and Anne-Marie Voorhoeve